8.14.22

**HEALING RESOURCES**

***The following resources have been compiled by Katherine Murphy of Newman and the Spirituality Network for your reference. Organized programs are under consideration by the Spirituality Network:***

**Spiritual DIrection:** is the practice of accompanying others (one on one) as they intentionally seek to grow in their spiritual life and to deepen their relationship with God.  The presence and action of God in our everyday lives becomes more evident through a process of deep listening to the stories of our lives shared within a confidential, safe and non-judgmental space of Spiritual Direction or Companioning.

Spiritual Directors who have offered assistance as we process the challenges of this difficult transition.  When contacting please identify yourself as a Newman Community member.

|  |  |  |
| --- | --- | --- |
| Ana Berrios  | 614 370 7836 | berrios.7@osu.edu  |
|    |  |  |
| Judy Unger  | 614 537 2411 | judyunger@yahoo.com |
|  |  |  |
| Katherine Murphy  | 614 286 5868 | ktmm608@gmail.com  |
|  |  |  |
| Diane LeMay  | 740 507 2845 | caminopilgrim11@aol.com |
|  |  |  |
| Deb Aichele  | 614 946 4991 | aichfam@gmail.com       |
|  |  |  |
| Alejandro Rodrigues  |  |  arodsr1957@gmail.com |

**Listening or Sharing Circles:**(groups of 5 or 6)  are a highly structured form of exchange providing people an opportunity to speak honestly and to listen respectfully to each other in order to give expression to feelings and ideas in an atmosphere of equality and safety where we trust that what is shared will be held with deep regard.  Dates and times to be determined depending on interest.  **If interested please contact: Katherine Murphy or Diane LeMay.**

Possible location: Wellness Collective

1245 Sunbury Rd.

Westerville, OH

**Spirituality Network:**

444 E Broad St.,

Columbus, OH

(614) 228-8867

Connects people with resources for spiritual growth.  Check opportunities on the website: [spiritualitynetwork.org](http://spiritualitynetwork.org/) for programs or phone 614 228 8867 for inclusion on mailing list or Spiritual Direction referral.